



POPIS LITERATURE ZA PRIPREMU ISPITA IZ BIHEVIORALNO-KOGNITIVNIH TERAPIJA

STARI PROGRAM

1. Beck, J. (2007). *Kognitivna terapija - osnove, educiranje i uvježbavanje*. Jastrebarsko: Naklada Slap.
2. Beck, J. (2011). *Cognitive Behavior Therapy: Basics and Beyond*. New York: The Guilford Press. – 6. poglavlje
3. Anić, N. (1984). *Praktikum iz bihevior terapije I*. Zagreb: Društvo psihologa SR Hrvatske.
4. Anić, N. (1990). *Praktikum iz kognitivne i bihevioralne terapije III*. Zagreb: Društvo psihologa Hrvatske.
5. Leahy, R. L., & Holland, S. J. (2000). *Treatment Plans and Interventions for Depression and Anxiety Disorders*. New York: The Guilford Press.
6. Kendall, P. C. (2006). *Child and Adolescent Therapy: Cognitive-Behavioral Procedures*. New York: The Guilford Press. - 2., 3. i 5. poglavlje
7. Dattilio, F. M, & Padesky, C. A. (1990). *Cognitive Therapy with Couples*. Sarasota: Professional Resource Press.
8. Fennell, M. (2002). *Overcoming Low Self-Esteem: A Self-Help Guide Using Cognitive-Behavioral Techniques*. London: Robinson.



9. Davies, W. (2000). *Overcoming Anger and Irritability: A Self-Help Guide Using Cognitive Behavioral Techniques*. London: Robinson.

III Reilly, P. M., & Shopshire, M. S. (2007). *Anger Management for Substance Abuse and Mental Health Clients - A Cognitive Behavioral Therapy Manual*. U.S. Department of Health and Human Services.

III neka druga literatura o kontroli ljutnje

10. Hackney, H. L., & Cormier, S. (2009). *The Professional Counselor: A Process Guide to Helping*. New Jersey: Pearson.

11. Salkovskis, P. M., Hawton, K., Clark, D. M., & Kirk, J. (2007). *Kognitivno-bihevioralna terapija za psihijatrijske probleme*. Jastrebarsko: Naklada Slap. – 3. i 12. Poglavlje

12. Cautela, J. R., & Kearing, A. J. (1993). *Covert Conditioning Casebook*. Belmont, CA: Books/Cole Publishing Company.