

**Greek Association for Cognitive and Behavioural Psychotherapies**

**Third National Congress of Cognitive Psychotherapies  
Thessaloniki 20-22 January 2012, Porto Palace**

**Workshops and Lectures Program of  
Judith Beck, Beck Institute for Cognitive Therapy and Research  
Jeffrey Young, Schema Therapy Center of New York  
& Stefan Hofmann, Boston University**

**Friday 20<sup>th</sup> of January 2012**

10.00 - 18.00 - One day pre-congress workshop on "Schema Therapy for Borderline Personality Disorder" by Jeffrey Young

10.00 - 18.00 - One day pre-congress workshop on "Treating Social Anxiety Disorder" by Stefan Hofmann

20.00 - 21.00- Online Keynote Lecture on "Cognitive therapy for personality disorders" by Judith Beck

**Saturday 21<sup>st</sup> of January 2012**

8:30- 11:00- In congress mini workshop on "Treating Social Anxiety Disorder" by Stefan Hofmann

15:30-18:00- In congress mini workshop on "New Advances in Schema Therapy-The Mode Approach" by Jeffrey Young

19:00–19:00- Keynote Lecture on "Modern Cognitive Behavior therapy" by Stefan Hofmann

**Sunday 22<sup>nd</sup> of January 2012**

9:00-11:30- In congress mini workshop on "Schema Therapy for Narcissism" by Jeffrey Young (Tentative- Delegates who want to attend this workshop have to attend first the "New Advances in Schema Therapy-The Mode Approach" workshop)

13:00- 13:30- Keynote Lecture on "Schema therapy in Practice" by Jeffrey Young

**Registration fee: 100 Euro for a one-day pre-congress workshop, and 50 Euro for a in-congress mini workshop.**